



BEING CREATIVE TAKES *courage*



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COURAGEOUS CREATIVITY

ADVICE AND ENCOURAGEMENT FOR THE CREATIVE LIFE

By Sara Zarr

It can be scary to create something. Before you can even work on your craft, you have to face down the fear of messing up or looking silly, the perfectionism that keeps you from even starting, and the negative voices inside your head that say you don't have anything valuable to offer.

Well, you *do* have something to offer! Being creative is a right, and in this book, National Book Award finalist Sara Zarr will help you get started. Her advice and encouragement are paired with exercises to help you face down your fears, let go of expectations, stop comparing yourself to others, and make your art with courage.

“THIS INSPIRATIONAL AND POWERFUL WORK AFFIRMS READERS WITH THE UNDERLYING MESSAGE: FEAR NOT! INSPIRING AND HONEST, THIS SMART BOOK OFFERS BOTH COMPASSION AND PRACTICAL INSTRUCTION.”

—KIRKUS REVIEWS

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Sara Zarr is the acclaimed author of seven novels for young adults, most recently *Goodbye from Nowhere*. She's a National Book Award finalist and two-time Utah Book Award winner. She divides her time between Utah and California.